

Ribbon Cutting Takes Place for Stephy's Place A Support Center for Grief and Loss

Red Bank, NJ – Stephy's Place, a non-profit organization that offers free support groups for grief and loss in Red Bank, held its ribbon cutting ceremony on Wednesday, March 9th. Stephy's Place Director, Sheila Martello was joined by Congressman Chris Smith, Assemblyman Eric Houghtaling, Freeholder John Curley and Red Bank Councilwoman, Linda Schwabenauer to take part in the special day.

Believing that anyone who has suffered the loss of a love one should not have to navigate the journey alone, Stephy's Place currently offers ten peer support groups, facilitated by an experienced moderator and all are free of charge. Some of the groups, include: loss of a spouse, loss of parent, loss of a child, loss from suicide, loss from addiction, general loss, and a divorce support group. New groups are forming now for miscarriages and caregivers of a terminally ill loved one. Monthly meditation groups are also offered.

All groups meet at Stephy's Place, located at 210 West Front Street in the Swede Chevalier building. The meeting space is beautifully decorated, warm, and inviting to make those more comfortable during the sharing process.

Stephy's Place was named after Stephanie Hardman Kaminoff, an area woman who passed away in 2014 from cancer and who left behind three children. Spearheaded by Sheila Martello who lost her husband in the tragic events of September 11th, along with several others who lost loved ones on 9/11, they knew how lucky they were to have a support group and a place to go to share their feelings of loss. Sheila knew that someday, with the help of others from her support group, they would one day provide a place for those grieving, and Stephy's Place was born.

For a complete list of support group dates and times and more information about Stephy's Place, please visit www.stephysplace.org, visit them on Facebook or call 732-614-1142



Photo Credit: Ken Feldman

Pictured from left to right: Red Bank Councilwoman Linda Schwabenbauer, Assemblyman Eric Houghtaling, Freeholder John Curley, Stephy's Place Director Sheila Martello and Congressman Chris Smith.